**EMAIL / KIT or OTHER ONLINE COMMUNICATION PROMO COPY**



**Spring Registration is OPEN!!!**

*Don’t delay – the afternoon class is already full, Wednesday morning has 5 spots and Thursday morning has 15 spots left!!!*

RunFit Kidz is the only running program in the area taught by certified fitness professionals. Our non-competitive program is a wonderful place where kids are encouraged to strive for their own personal goals, be active with friends and build confidence. Our 8-week program includes the following:

* Open to boys and girls in grades 2nd – 6th. (If you have an interested 1st grader please contact corky@runfitkidz.com)
* Games, activities and drills to bring running concepts alive.
* Registration is on a First Come First Serve basis – so register early!
* 8 weeks for 1hr 15min per session.
* **3 Sessions Being Offered**: Session1: Tuesday’s AFTER SCHOOL beginning March 21st; Session 2: Wednesday’s BEFORE SCHOOL beginning March 22nd; Thursday’s BEFORE SCHOOL beginning March 23rd.
* 5K Celebration Run is Saturday, May 20th at Edison High School with an awesome track finish.
* $93 includes the 8-week training session, Entry into the chip timed 5K, Milestone Tokens, Commemorative RFK t-shirt, finisher’s medal, and post-5K festivities.
* More information about the program, school specific information and to register can be found at [www.runfitkidz.com](http://www.runfitkidz.com).

We look forward to running with you this spring!!

**FACEBOOK PROMO COPY**

**Spring Registration is OPEN!!!**

Don’t delay join the RunFit Kidz spring team today!

The **Sangster PTA** is excited to offer RunFit Kidz Tuesday’s After-school and Wednesday’s and Thursday’s Before-school this spring. Please check out [www.runfitkidz.com](http://www.runfitkidz.com) for specific details and to register.